

250 Drill (School/Gunsite): Defensive

Version 1

Adapted for indoor range: djh

All shots are fired from the low ready

Target: Full Body

Drill:

- 3 yards: Single shot to head – time: 4 seconds
- 3 yards: Single shot to head – time: 3 seconds
- 3 yards: Two (2) shots to the body - time: 3 seconds
- 7 yards: Two (2) shots to the body - time: 4 seconds
- 10 yards: Two (2) shots to the body - time: 5 seconds
- 15 yards: Two (2) shots to the body standing – Two (2) shots to the body kneeling - time: 8 seconds – four (4) shots total!

Scoring:

Shots inside the scoring lines of the target receiving five (5) points, and shots outside, but still on the target receiving two (2) points.

Twelve (12) shots total

Sixty (60) points are possible.