

## 5x5 Challenge (Pistol):

### Accuracy

Instructions: **Five controlled shots, 5 yards in 5 seconds in the goal.**

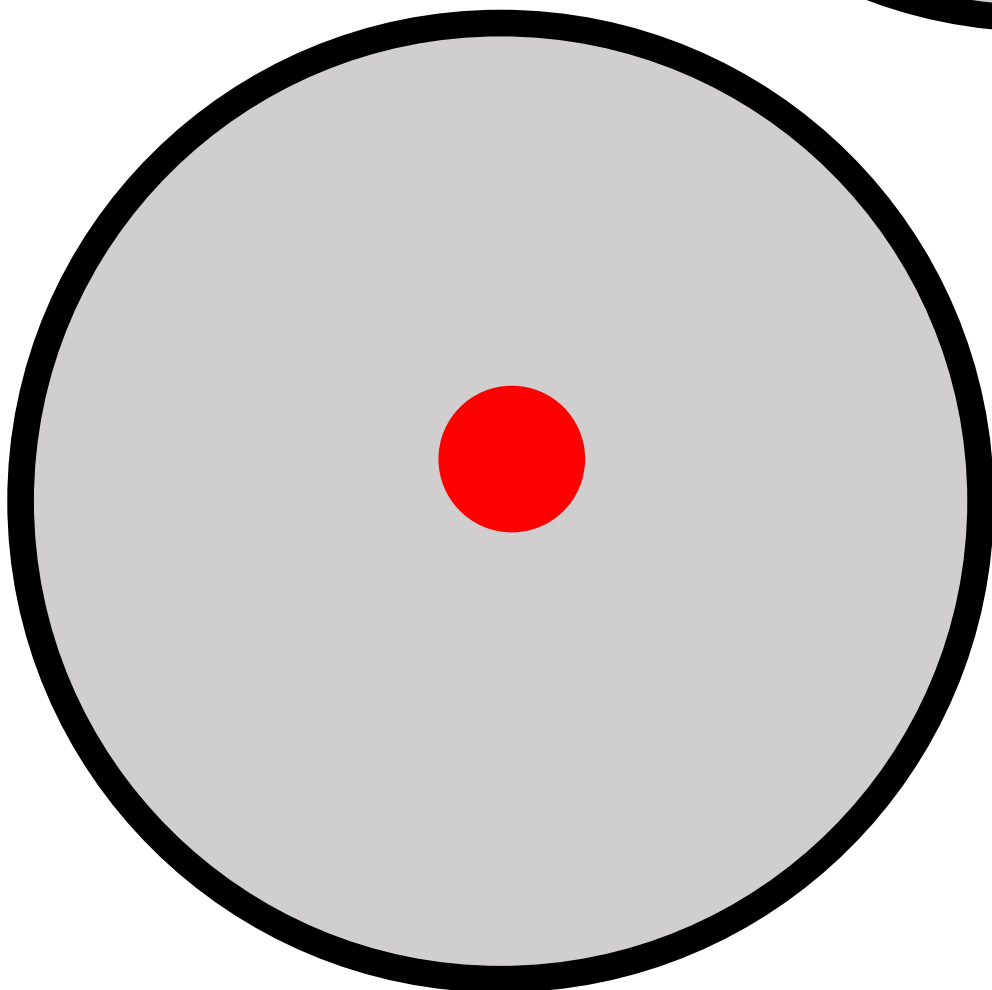
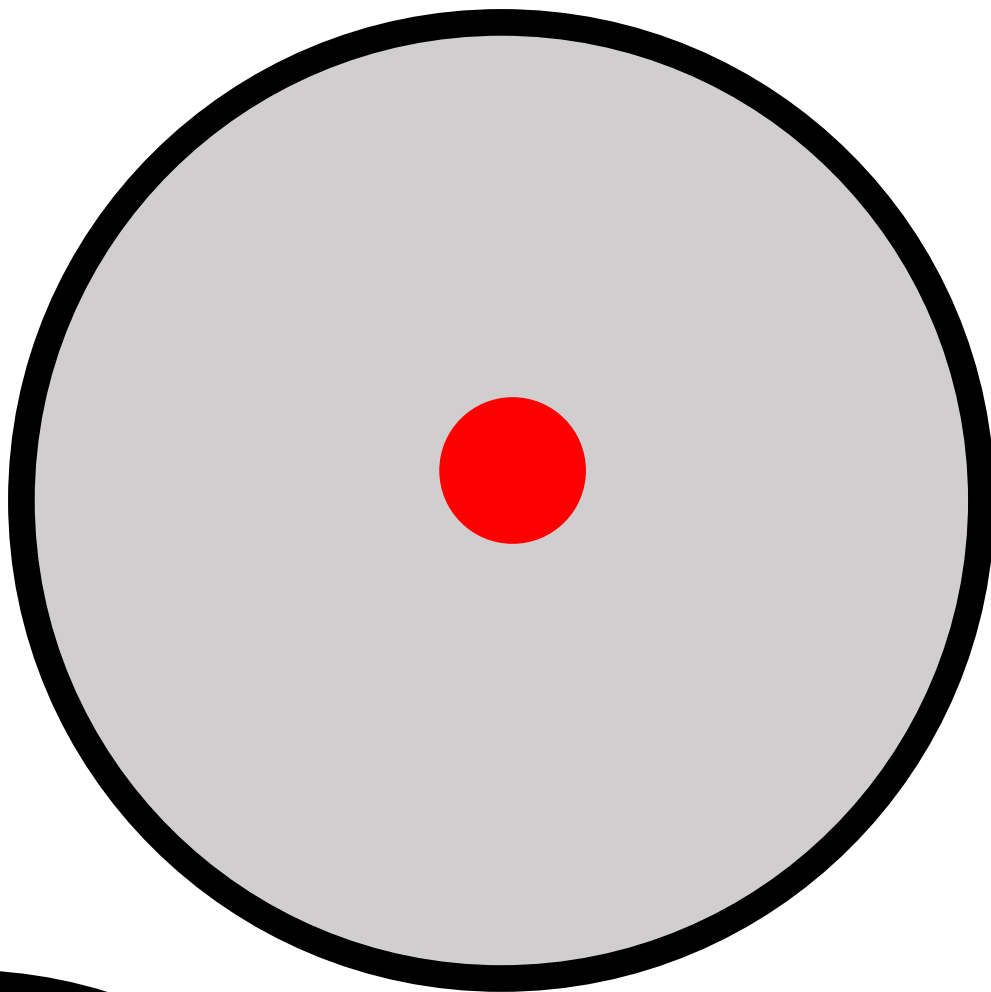
Starting from the low read position, at the beep fire five rounds at one of the circles. Record time. Goal is controlled shots with accuracy for the 5 seconds or less if controlled. **You should use all of the 5 seconds to meet the challenge.** Challenge is to complete the drill two times (total 10 rounds) with no misses and with a total time of 10 seconds.

Scoring: 10 shots:

10 seconds = 10 points

+1 pt. for each second over 10

+2 pts. For each shot outside circle



Print:

Full Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Score: \_\_\_\_\_