

Gut Check (Hackathorn): Defensive

As with most good drills it seems simple on the surface, but may be a little harder than you think. Fired from low ready, the drill is revolver or pistol neutral, meaning it can be shot with either, there being no advantage in one over the other.

Firearm: Pistol

Target: silhouette or Option target

Shot count: only five rounds of ammunition.

Evaluate your current skill level by shooting it cold with your carry pistol and ammunition, or you can burn through a lot of practice ammo shooting it over and over.

Time: Each String has a time limit of 4 seconds.

Here's the Challenge:

String 1 3 yards; fire one shot to the head, strong hand only.

String 2 5 yards; fire one shot to the head using both hands.

String 3 7 yards; fire one shot to the head using both hands.

String 4 10 yards; fire two shots to the body using both hands.

Designed as a pass/fail drill, your five shots must be inside the head and body scoring lines to pass and have to be fired within the 4-second limit. If your hits aren't where they need to be, concentrate on making accurate hits without a time limit. BE HONEST,

Please Print

Full name: _____

Today's Date: _____

Score: Pass or Fail