

GO BAGS

The Boys Scouting of the 50-70's, one was taught to "Be Prepared".

One should think about, is this your personal "go bag" or for an unskilled person or family member.

For the unskilled person, this would be the type of "go bag":

- Flashlight (AA)
 - Extra batteries
- Cell Phone
 - Charging Unit
 - Backup battery/power bank
- First aid kit
 - Sterile gloves
 - Sterile dressings
 - Soap and antibiotic towelettes
 - Antibiotic ointment
 - Adhesive bandages in a variety of sizes
 - First Aid book
 - Non-prescription drugs (aspirin or non-aspirin pain reliever, anti-diarrhea medication, antacid, laxative)
 - Prescription eyeglasses and contact lens solution
 - EMS shears
- Paper and pencil
- Survival Necessities
 - Whistle/mirror (to signal for help)
 - Matches in a waterproof container
 - Fixed Blade Knife
 - Tools:
 - Screwdriver

- Pliers
- Paracord
- Heavy-Duty Work Gloves
- 2 - Hand Warmer (chemical)
- 2 - Light Stick
- Fires starter aid (Fire Paste)
- Gorilla Tape

For the more trained, this would be the type of “go bag”:

To assemble your kit store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag.

- [Water](#) (one gallon per person per day for several days, for drinking and sanitation)
- [Food](#) (at least a several-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight (AA)
 - Extra batteries
- Cell Phone
 - Charging Unit
 - Backup battery/power bank
- First aid kit
 - Sterile gloves
 - Sterile dressings
 - Soap and antibiotic towelettes
 - Antibiotic ointment
 - Adhesive bandages in a variety of sizes
 - Eye wash solution

- Thermometer
- Prescription medications you take every day
- Prescribed medical supplies such as glucose and blood pressure monitoring equipment and supplies
- First Aid book
- Non-prescription drugs (aspirin or non-aspirin pain reliever, anti-diarrhea medication, antacid, laxative)
- Prescription eyeglasses and contact lens solution
- EMS shears
- Cash or traveler's checks
- Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container
- Paper and pencil
- Survival Necessities
 - Whistle/mirror (to signal for help)
 - Mask (to help filter contaminated air)
 - Plastic sheeting and duct tape (to [shelter in place](#))
 - Moist towelettes
 - garbage bags
 - plastic ties
 - Toilet paper
 - Soap
 - Feminine supplies
 - Plastic bucket with tight lid
 - Chlorine bleach
 - Wrench or pliers (to [turn off utilities](#))
 - Manual can opener (for food)
 - Local maps
 - Sleeping bag or warm blanket for each person
 - Complete change of clothing appropriate for your climate and sturdy shoes
 - Gorilla Tape

- Fire extinguisher
- Matches in a waterproof container
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Fixed Blade Knife
- Tools:
 - Screwdriver
 - Pliers
- Paracord
- Heavy-Duty Work Gloves
- 2 - Hand Warmer (chemical)
- 2 - Light Stick
- ThermaFuel 4-Hour Burn Time Can
- 1 - Bobcat Stove
- Fires starter aid (Fire Paste)